Week	Term One	Term Two	Term Three
1	PSHE: Welcome to Year 7. Do you know your way round the school and the subject teachers	PSHE: A safer lifestyle: Promoting British Values	Careers: What are you like?
2	PSHE: What is PSHE all about? Tell me about yourself. (Getting to know everyone).	PSHE: Beating Stress Avoiding illegal drugs	Careers: Skills for life
3	PSHE: Healthy Lifestyles Keeping fit – what does it mean?	PSHE: Keeping clean and fit during puberty	Careers: How do you learn? This is me
4	PSHE: Healthy Lifestyles Keeping fit – what does it mean?	Relationship & Sex Ed: How your body changes. Puberty	Careers: Using the careers library and internet resource
5	PSHE: How fit am I?	Relationship & Sex Ed: Growing up	Careers: Changes in the world of work
6	PSHE: How fit am I?	Relationship & Sex Ed: Good choices	Careers: Setting targets
7	PSHE: Action Plan for a healthy me	Relationship & Sex Ed: Romantic love and strong family unit	PSHE: Personal safety
8	PSHE: Healthy Eating: What does it mean?	Careers: Changes	PSHE: Mobile phone safety
9	PSHE: Do I eat healthily?	Careers: What have I achieved?	PSHE: E-safety
10	PSHE: Keeping Safe	Careers: Who can help me Who can help me in my school	Review of the year

Week	Term One	Term Two	Term Three
1	PSHE: Drugs Drugs in the 21st Century	Different Cultures in our Community: http://www.bbc.co.uk/schools/religion Buddhism: Nirvana and Wesak	Careers:Your beliefs
2	PSHE: Drugs Problems with Alcohol	Different Cultures in our Community: Hinduism: Holi and Diwali	Careers: Are school and work so different? What do you want from work?
3	PSHE: Drugs Binge drinking	Different Cultures in our Community: Judaism: Hannukah. Passover, Rosh Hashanah Yom Kippur	Careers: Which job goes where?
4	PSHE: Drugs Smoking	Different Cultures in our Community: Sikhism: Vaisakhi and Birthday of Guru Nanak	Careers: They said WHAT?
5	PSHE: Drugs Why do young people smoke	Different Cultures in our Community: Islam: Ramadan and Eid-ul-Adha	Careers: Being assertive
6	PSHE: Drugs Drugs class A B or C	Different Cultures in our Community: Christianity: Special Festivals Promoting British Values	Careers: Who does the job?
7	PSHE: Drugs Drugs and Crime	Relationship & Sex Ed: Families	Careers: Are you sure that's true?
8	PSHE: Drugs Drugs and Driving	Relationship & Sex Ed: Healthy/unhealthy Relationships	Careers: Budgeting
9	PSHE: Drugs Parents against Drugs	Relationship & Sex Ed: Definition of a romantic relationship	Careers: How do you make decisions?
10	PSHE: Drugs Alcohol, drugs, cigarettes and pregnancy	Relationship & Sex Ed: Online safety and appropriate use of social media	Careers: Writing and action plan 1
11	PSHE: Drugs Assessment sheet	Relationship & Sex Ed: Sexual diversity	Careers: Writing and action plan 2

Week	Term One	Term Two	Term Three
1	PSHE: Relationships The Family	Careers: Skills and jobs	Diversity: What do we mean by 'diversity'
2	PSHE: Relationships Parenting Stories	Careers: Skills for life and work. Tell us why it should be	Diversity: A multicultural, multi- faith society
3	PSHE: Relationships Teenage parents	Careers: Learning styles	Diversity: Age and ability
4	PSHE: Relationships Siblings	Careers: Being enterprising	Diversity: Gender orientation
5	PSHE: Relationships Bullying	Careers: Working today	Diversity: How the UK was made
6	PSHE: Relationships Different Roles	Careers: Eastern delights	Diversity: Promoting British Values
7	PSHE: Relationships Conflict in Relationships	Careers: Using reliable information	Diversity: Immigration issues
8	PSHE: Relationships Friends and saying "No" in relationships	Relationship & Sex Ed: Learning to be safe away from home	Diversity: Personal identity
9	Careers: Planner	Relationship & Sex Ed: Dating and age of consent	Diversity: Personal values
10	Careers: My network	Relationship & Sex Ed: Contraception, conception and pregnancy & the law	Diversity: Family Values
11	Careers: Personal qualities and jobs	Relationship & Sex Ed: STIs - Sexually Transmitted Infections	Diversity: Assessment sheet

Week	Term One	Term Two	Term Three
1	PSHE: Personal Finance; My money	Relationship & Sex Ed: Appropriate Relationships	Careers: Job application skills
2	PSHE: Personal Finance: What am I worth?	Relationship & Sex Ed: Dating	Careers: Work experience
3	PSHE: Personal Finance; Savings	Relationship & Sex Ed: Pregnancy	Careers: Moving on from work experience and developing your sales pitch
4	PSHE: Personal Finance; Money in the bank	Relationship & Sex Ed: Pregnancy (continued)	Careers: Managing your budget
5	PSHE: Personal Finance; How banks work	Relationship & Sex Ed: Abortion and Available Support	Careers: Thinking ahead after Year 11
6	PSHE: Personal Finance: Plastic money	Relationship & Sex Ed: Harmful behaviour	Careers: Different qualifications and their equivalents
7	PSHE: Personal Finance; Borrowing money	Careers: Exploring possibilities	Inside Britain: Perceptions of how we behave – Dress and behaviour
8	PSHE: Personal Finance; The ethical consumer	Careers: The world of work	Inside Britain: Responsibilities to society – Equality Act race relations
9	PSHE: Personal Finance: Is it worth it?	Careers: Work and lifestyle	Inside Britain: The law of the land Promoting British Values
10	PSHE: Personal Finance: The poverty trap	Careers: Legal limits	Inside Britain: Crime punishment, police and courts
11	PSHE: Personal Finance: Assessment sheet	Careers: Rights at work Responsibilities at work	Inside Britain: The police – what powers do they have to stop and search?

Week	Term One	Term Two	Term Three
1	Careers: Planner	Finances: Budgeting	Road Safety: Driving responsibilities and costs
2	Careers: How are you doing? Your skills and interests	Finances: Saving	The Highway Code
3	Careers: What are you like? Which way do you go?	Finances; Keeping your mobile phone under control	Diversity: Freedom Writers
4	Careers: Qualifications The changing job market	Psychology: The Truman Show - Does entertainment cross the line?	Diversity: Freedom Writers
5	Careers: Personal learning and thinking skills. Money Matters	Psychology: The Truman Show - Moral dilemmas	Diversity: Freedom Writers
6	Careers: Choices now choices later. Making applications and preparing for interviews	Psychology: The Truman Show - Is everything as it seems?	Promoting British Values
7	Careers: Where have you got so far?	Sex & Relationships Ed: Relationships and dating	The Law and how a criminal record affects your life
8	Finances: Leaving home	Sex & Relationships Ed: Marriage and sex	Healthy living during exams and managing your time
9	Finances: Help for young people in education	Sex & Relationships Ed: Contraception	Study for exams
10	Practice exams	Sex & Relationships Ed: Protection against STIs	Study for exams
11	Practice exams	Sex & Relationships Ed: Sexual orientation and gender identity	Study for exams