

Senior School PSHE Scheme of Work

Personal, Social and Health Education is a programme of teaching that promotes pupils' personal and social development and their health and well being. It also helps young people gain knowledge, skills and understanding, enabling them to lead confident, healthy and independent lives.

The PSHE lessons are taught during normal lesson times. Year 7 - Year 11 have 1 PSHE lesson per week.

The topics covered are:

Year 7

Healthy lifestyles, Careers and Safety, Sex and Relationships Education

Year 8

Drugs, Different cultures in our community and Careers, Sex and Relationships Education

Year 9

Relationships, Careers and Diversity, Sex and Relationships Education

Year 10

Personal finance, Careers and Inside Britain, Sex and Relationships Education

Year 11

Finances; Psychology; Careers; Road Safety and Driving; The Law and you, Preparation for leaving school, Sex and Relationships Education

The schemes of work are only a guide and each teacher will work at the level and ability of the class. This will be evident especially with pupils in the Rowan base.

In PSHE lessons may not keep exactly to the scheme, as on occasions pupils may need to discuss other events happening in the world.

As a school we feel this is appropriate to allow the pupils to have the opportunity to discuss what is important to them.

Year 7

Week	Term One	Term Two	Term Three
1	Study skills: Organisation and colour coding Keeping calm	PSHE: A safer lifestyle: Promoting British Values	Careers: Changes in the world of work
2	Study skills: Practising techniques - colour coding, highlighting (key words) Learning styles	PSHE: Beating Stress Avoiding illegal drugs	Careers: Setting targets
3	PSHE: Healthy Lifestyles Keeping fit – what does it mean?	PSHE: Keeping clean and fit during puberty	Sex & Relationships Ed: Biological Language
4	PSHE: Healthy Lifestyles Keeping fit – what does it mean?	Careers: Changes	Sex & Relationships Ed: Social Rules & Communication
5	PSHE: How fit am I?	Careers: What have I achieved?	Sex & Relationships Ed: Respect & Appropriateness
6	PSHE: How fit am I?	Careers: Who can help? Who can help me in my school?	Sex & Relationships Ed: Physical Development
7	PSHE: Action Plan for a healthy me	Careers: What are you like?	PSHE: Personal safety
8	PSHE: Healthy Eating: What does it mean?	Careers: Skills for life	PSHE: Mobile phone safety
9	PSHE: Do I eat healthily?	Careers: How do you learn? This is me	PSHE: E-safety
10	PSHE: Keeping Safe	Careers: Using the careers library resource	Review of the year

Year8

Week	Term One	Term Two	Term Three
1	PSHE: Drugs Drugs in the 21st Century	Different Cultures in our Community: http://www.bbc.co.uk/schools/religion Buddhism: Nirvana and Wesak	Careers: Your beliefs
2	PSHE: Drugs Problems with Alcohol	Different Cultures in our Community: Hinduism: Holi and Diwali	Careers: Are school and work so different? What do you want from work?
3	PSHE: Drugs Binge drinking	Different Cultures in our Community: Judaism: Hannukah. Passover, Rosh Hashanah Yom Kippur	Careers: Which job goes where?
4	PSHE: Drugs Smoking	Different Cultures in our Community: Sikhism: Vaisakhi and Birthday of Guru Nanak	Careers: They said WHAT?
5	PSHE: Drugs Why do young people smoke	Different Cultures in our Community: Islam: Ramadan and Eid-ul-Adha	Careers: Being assertive
6	PSHE: Drugs Drugs class A B or C	Different Cultures in our Community: Christianity: Special Festivals Promoting British Values	Careers: Who does the job?
7	PSHE: Drugs Drugs and Crime	Sex & Relationships Ed: Relationships	Careers: Are you sure that's true?
8	PSHE: Drugs Drugs and Driving	Sex & Relationships Ed: Safe Internet use	Careers: Budgeting
9	PSHE: Drugs Parents against Drugs	Sex & Relationships Ed: Safe Expression	Careers: How do you make decisions?
10	PSHE: Drugs Alcohol, drugs, cigarettes and pregnancy	Sex & Relationships Ed: Dating Communication	Careers: Writing and action plan 1
11	PSHE: Drugs Assessment sheet	Different Cultures in our Community: Easter	Careers: Writing and action plan 2

Year9

Week	Term One	Term Two	Term Three
1	PSHE: Relationships The Family	Careers: Planner	Careers: Working today
2	PSHE: Relationships Parenting Stories	Careers: My network	Careers: Eastern delights
3	PSHE: Relationships Teenage parents	Careers: Personal qualities and jobs	Careers: Using reliable information
4	PSHE: Relationships Siblings	Careers: Skills and jobs	Diversity: What do we mean by 'diversity'
5	PSHE: Relationships Bullying	Careers: Skills for life and work. Tell us why it should be you	Diversity: A multicultural, multi-faith society
6	PSHE: Relationships Different Roles	Careers: Learning styles	Diversity: Age and ability
7	PSHE: Relationships Conflict in Relationships	Careers: Being enterprising	Diversity: How the UK was made
8	PSHE: Relationships Saying "No" in relationships	Sex & Relationships Ed: Relationships and Marriage	Diversity: Promoting British Values
9	PSHE: Relationships Sexual Identity	Sex & Relationships Ed: Age Consent and the Law	Diversity: Immigration issues
10	PSHE: Relationships Friends	Sex & Relationships Ed: Contraception, Conception and Pregnancy	Diversity: Family Values
11	PSHE: Relationships Assessment sheet	Sex & Relationships Ed: STIs - Sexually Transmitted Infections	Diversity: Assessment sheet

Year10

Week	Term One	Term Two	Term Three
1	PSHE: Personal Finance; My money	Careers: Exploring possibilities	Careers: Moving on from work experience and developing your sales pitch
2	PSHE: Personal Finance: What am I worth?	Careers: The world of work	Careers: Managing your budget
3	PSHE: Personal Finance; Savings	Careers: Work and lifestyle	Careers: Thinking ahead after Year 11
4	PSHE: Personal Finance; Money in the bank	Careers: Legal limits	Careers: Different qualifications and their equivalents
5	PSHE: Personal Finance; How banks work	Careers: Rights at work Responsibilities at work	Inside Britain: Perceptions of how we behave – Dress, behaviour, crime, punishment
6	PSHE: Personal Finance: Plastic money	Careers: Application skills	Inside Britain: Responsibilities to society – Equality Act race relations
7	PSHE: Personal Finance; Borrowing money	Careers: Work experience	Inside Britain: The law of the land Promoting British Values
8	PSHE: Personal Finance; The ethical consumer	Sex & Relationships Ed: Appropriate Relationships	Inside Britain: Civil law and criminal law
9	PSHE: Personal Finance: Is it worth it?	Sex & Relationships Ed: Dating	Inside Britain: Crime and punishment
10	PSHE: Personal Finance: The poverty trap	Sex & Relationships Ed: Pregnancy	Inside Britain: Police and courts
11	PSHE: Personal Finance: Assessment sheet	Sex & Relationships Ed: Abortion and Available Support	Inside Britain: The police – what powers do they have to stop and search?

Year 11 and Revisited for Pupils in Year 12

Week	Term One	Term Two	Term Three
1	Finances: Leaving home	Careers: Planner	Road Safety: Driving responsibilities and costs
2	Finances: Help for young people in education	Careers: How are you doing? Your skills and interests	The Highway Code
3	Finances: Budgeting	Careers: What are you like? Which way do	Diversity: Freedom Writers
4	Finances: Saving	Careers: Qualifications The changing job market	Diversity: Freedom Writers
5	Finances; Keeping your mobile phone under control	Careers: Personal learning and thinking skills. Money Matters	Diversity: Freedom Writers
6	Psychology: The Truman Show - Does entertainment cross the line?	Careers: Choices now choices later. Making applications and preparing for	Promoting British Values
7	Psychology: The Truman Show - Moral dilemmas	Careers: Where have you got so far?	The Law and how a criminal record affects your life
8	Psychology: The Truman Show - Is everything as it seems?	Sex & Relationships Ed: Marriage and Relationships	Healthy living during exams and managing your time
9	Psychology: The Truman Show - Discussion and feedback	Sex & Relationships Ed: Contraceptives	Study for exams
10	Practice exams	Sex & Relationships Ed: Pregnancy	Study for exams
11	Practice exams	Sex & Relationships Ed: Sexual Diversity	Study for exams

PSHE Careers Years 10-13

Year 10

Year ten pupils receive information regarding careers via three different formats. Firstly they attend various base assemblies in the year focusing on plans for the future in relation to education and employment. Secondly, each pupil in year ten has a transition interview with their base leader. This interview focuses on how they are coping with the progression to year ten as well as looking ahead to the future. Year ten pupils will also be taught careers during PSHE lessons, where the focus is on identifying; qualifications, employment, further education and work experience.

Year 11

Year eleven pupils receive information regarding careers via four different formats. At the start of year eleven the pupils are invited to 'interview day', this is where each pupil will attend a mock interview with a senior member of staff. During the interview pupils will be asked various question regarding plans for the future. Year eleven pupils will also be taught careers during PSHE lessons, where the focus is on identifying; qualifications, employment, further education and work experience.

During the autumn term pupils will have the opportunity to undertake a 'futurewise' careers test. This test will give the opportunity for the pupil to gauge what job they may be suited to in the future. Year eleven pupils will also attend various base assemblies in the year focusing on plans for the future in relation to education and employment.

Year 12-13

In the sixth form we have included weekly careers lessons, where pupils can access information regarding jobs, college courses and work experience. These lessons have been significant in helping the pupils prepare for life after 'ERS'. Sixth form pupils will also attend various base assemblies in the year focusing on plans for the future in relation to education and employment.

In the pupils' life skills lessons they will learn about: interview techniques, filling in application forms, searching for jobs and undertaking mock interviews. Pupils will also go on various trips observing people in the workplace.

ERS Careers Policy is included as an appendix

Year 12 - World Beliefs

This course is not examined or formally assessed. Pupils will study various aspects of beliefs and practices for each of the six major world religions. Subjects will include festivals, marriage, divorce, re-marriage, family. The emphasis is on Christianity, Judaism, Islam, Hinduism, Sikhism and Buddhism. Students are encouraged to give thought and create arguments for the reasons behind similarities and differences. Discussions will result in pupils being able to understand the differences and similarities between faiths as well their impact on society and communities. There will be opportunities to talk with specialists from specific religious backgrounds to enhance their experience and understanding of the subject. Pupils will also understand non-religious responses to these issues.